

I have recently been diagnosed with AAADD.  
That's Age Activated Attention Deficit Disorder!! This is how it goes...

I decide to change the oil in the car, start to the garage and notice the mail on the table. OK, I'm going to work on the car...  
BUT FIRST I'm going to go through the mail. So, I lay the car keys down on the desk. After discarding the junk mail, I notice the waste can is full. OK, I'll just put the bills on my desk....BUT FIRST I'll take the trash out to the trashcan, but since I'm going to be near the mailbox, I'll address a few bills...

Yes,now where is the checkbook? Oops... there's only one check left.  
Where did I put the extra checks? Oh, there is my empty cup from last night on my desk. I'm going to look for those checks...

BUT FIRST I need to put the cup back in the kitchen. I head for the kitchen, look out the window, notice the flowers need a drink of water, I put the cup on the counter and there's my extra pair of glasses on the kitchen counter.  
What are they doing here? I'll just put them away...

BUT FIRST, I need to water those flowers. I head for the door and...  
Aaaagh! Someone left the TV remote in the wrong spot. Okay, I'll put the remote away and water the flowers...

BUT FIRST, I need to find those checks.

BY THE END OF THE DAY: The oil in car has not been changed, the bills are still unpaid, the cup is still in the sink, the checkbook still has only one check left, I've lost my car keys... And, when I try to figure out how come nothing got done today, I'm baffled because... I KNOW I WAS BUSY ALL DAY! I realize this condition is serious... I'd get help...

BUT FIRST... I think I'll check my e-mail.

By the way, the doctor told me that this disease is highly contagious and that it can be transmitted by E-Mail. So if you want to avoid AAADD, don't read this e-Mail. I meant to put this warning at the beginning of the message but I got distracted. Sorry.

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